

**Prof. Yori Gidron**

University of Haifa, Israel

**Stress, immunity,  
inflammation and the  
protective roles of the  
parasympathetic**



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| <b>Date</b> | <b>JUNE 25,<br/>2026</b> | <b>Time</b> | <b>6:15 p.m.<br/>45 min.<br/>+ discussion</b> | <b>Venue</b> | <b>Room no. 3073<br/>3<sup>rd</sup> floor<br/>Dean's building</b> |
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**We invite you to a lecture by internationally acclaimed expert in psychoneuroimmunology, Prof. Yori Gidron (University of Haifa, Israel).**

**Prof. Gidron** is a pioneer in vagal neuroimmunomodulation research. His long-term work focuses on the role of the vagus nerve as a prognostic marker across a range of conditions — including oncological, cardiovascular and post-COVID diseases — and on heart rate variability (HRV) as a non-invasive index of autonomic activity. Beyond its prognostic value, he also explores methods of modulating autonomic function, including HRV biofeedback, vagal breathing and non-invasive vagus nerve stimulation.

His research further encompasses evidence-based interventions for PTSD prevention, including his own Memory Structuring Intervention (MSI). Over the course of his career, he has trained more than 2,500 therapists, including in Ukraine and Israel.

The lecture will be introduced by Assoc. Prof. Eva Zavadová, M.D., Ph.D. Free entry. All are welcome.



**First Faculty  
of Medicine**  
Charles University

First Faculty of Medicine  
Charles University  
Kateřinská 32, Prague 2

